




Rosanna Fire Station Community House

Programs & Activities

July to Dec 2026

232 Lower Plenty Road, Rosanna, Vic 3084

Hours: Mon - Fri: 09.00am - 4.00pm

Enrolments: 09.30am - 3.30pm

(03) 9458 1935

office@rfsch.org.au

www.rfsch.org.au

https://rb.gy/33a29

http://instagram.com/rfsch3084/

Rosanna, Hurstbridge Line

513 via Lower Plenty Rd

Community Bus: Bus Stop No 10 Mon, Wed & Fri

ABN: 55460279116

Neighbourhood Houses
The Heart of Our Community

VICTORIA State Government

Victorian Government Banyule City Council

SPECIAL EVENTS

Disability Pride Month July

Come along & try an activity of your choice. Sessions are for adults with intellectual or physical disabilities, or mental health challenges. Everyone is welcome, incl carers & HACC PYP participants. Every Thurs & Fri from 16 July. All sessions incl morning/afternoon tea. Fee: $10 per session.

Thursdays sessions:
10am - 12pm: Daily Living Skills.
1pm - 3pm: Performance Group or Creative Art.

Friday Sessions:
10am – 12pm: Celebrate Through Art.
1pm – 3pm: Friday Songbirds or U2 Club.

Seniors Week:

Mon 5th Oct:
10am – 12pm: Crafting together.
1pm – 2pm: Monday Social Group.
1pm – 3pm: The 120-Minute Bake.
2pm – 2.45pm: Mindful Movement.

Tue 6th Oct:
11.30am – 12.30pm: Curious about AI?
1.00pm – 3.00pm: Paint & Sip.
1.00pm – 3.00pm: The Art of Charcoal.

Wed 7th Oct:
9.30am – 10.30am: Mindful Movement.
12.30pm – 1.15pm: Community Lunch.
1.30pm – 2.30pm: Chatty Café.
1.00pm – 3.00pm: Bunnings Make an Herb Basket.

Get Online Week:

Get Online Week
a campaign by Good Things

Mon 19th Oct: 11am – 1pm
Stay Safe, Search Smart & Discover AI for Seniors. Includes Morning Tea and Prizes.

Art Exhibitions:

Fri 4th Sept: 10.30am – 12.30pm
Artwork of people with a Disability.

Sun 18th Oct: 11am – 4pm
Watercolours Art Exhibition.

FREE Tax Help: July to Oct

Lodge your Tax Return with the help of Australian Tax Office volunteers. If your tax affairs are simple & you earn around $70,000 you may be eligible for tax help through our community program with Diamond Valley Community Support Inc. (DVCS). Every second Tuesday 10am – 2pm. Bookings essential – call DVCS on (03) 9435 8282 to make an appointment.

Garage Trail Sale

Sat 7th Nov – 10am – 2pm:
We are excited to be part of the garage sale trail this year. Keep a lookout on our socials, website & newsletter for more information.

School Holiday Workshops:

Wed 30th Sept:
Get the kids out of the house for the day with baking in the morning & a Bunnings Workshop in the afternoon. Ages 7+

10.30– 12.30pm: Bake a quiche.
Join us for a fun, hands-on cooking workshop where kids will learn how to make their very own delicious quiche! Young chefs will enjoy mixing, creating and baking while learning simple kitchen skills in a fun and supportive environment. Fee: $5. Limited bookings.

1pm - 3pm: Bunnings: How to Make a Cute Grass Head.
These guys are easy to make & you get to watch them grow "hair". Have fun styling & trimming your grass head once it's fully grown & keep watching it grow as time goes by. FREE bookings essential

Thur 1st Oct: 1pm – 3pm:
Sushi for Kids 7+
Roll into some school holiday fun & learn how to make delicious sushi! Kids will enjoy creating tasty sushi rolls while learning simple food preparation skills in a fun, friendly environment.
Fee: $5. Limited bookings.

Keep a lookout on our Socials, Website & Newsletters for details on the above events & how to register or give us a call.

COMPUTERS

Easy Steps into Computers NEW!
A beginner friendly computers & internet course designed to take easy steps into the digital world in a relaxed, supportive environment. With easy explanations & hands-on practice at your own pace.
Term 3: 8 wks: 22/07 – 09/09
Times: Wed. 9.30am – 11.30am
Fee: $150 **(Bring your own Laptop)**

Canva Beginners NEW!
A simple & fun free online design tool. Learn to create eye-catching projects, cards, flyers, social posts, & photo collages. Use templates, text & images. Save or share designs. By the end of the course, you will feel comfortable using Canva to bring your creative ideas to life.
Term 4: 8 wks: 07/10 – 25/11
Times: Wed. 9.30am – 11.30am
Fee: $150 **(Bring your own Laptop)**

ART, CRAFT & CREATIVITY

The Art of Charcoal and Graphite NEW!
Offers opportunities to learn from beginning methods & techniques of sketching & creating art using a range of Charcoal & Graphite mediums on a variety of materials. Also share ideas & knowledge. Cross-hatching, shading, blending, Chiaroscuro, white on black, abstract, all types of papers, even plywood. Learn in a welcoming environment. Material list available.
Term 3: 08 wks: 21/07 – 08/09
Term 4: 09 wks: 06/10 – 08/12
Times: Tue. 1pm – 3pm
Fee T3: $160. Fee T4 $180.

Crafting Together
Join this friendly self-run craft & sewing group who enjoy getting together in a friendly environment.
Term 3:10 wks: 13/07 - 14/09
Term 4: 09 wks: 05/10 - 07/12
Times: Mon. 10am -12pm
Fee per term: $55.00 (*No class 02/11*)

Sewing Made Simple (Tue pm)
Become confident with your machine, learn to sew & understand patterns. BYO machine, universal needle & bobbins, pattern i.e. simplicity patterns. Fabric, thread to match, elastic, Quik Unpick, Tape measure, Pins & Scissors.
Term 3: 06 wks: 11/08 - 15/09
Term 4: 09 wks: 06/10 - 08/12
Time: Tue. 6.30pm - 8.30pm
Fee T3: $120.00. Fee T4: $180.00
(*No class 03/11*)

Sewing Made Simple (Sat pm) NEW!
Details as for Tuesday Class.
Time: Sat. 10am – 12pm
Term 3: 06 wks: 15/08 - 19/09
Term 4: 09 wks: 10/10 – 05/12
Fee T3: $120.00. Fee T4: $180.00

Watercolours (Beginners) Wed pm
Develop skills in drawing, learn basic watercolour techniques, brushwork & colour mixing. BYO equipment: incl. paints, brushes, paper, board, spray bottles, water containers & palettes. Materials list available online or from the office.
Term 3: 09 wks: 15/07- 09/09
Term 4: 09 wks: 07/10 – 02/12
Times: Wed. 5pm – 7pm
Fee per term: $153.00

*No classes Mon 2nd and Tue 3rd Nov

Watercolours (Beginners) Thur pm
Details as per Wednesday PM class.
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 1pm – 3pm
Fee per term: $170.00

Watercolours (Advanced) Thur am
Our experienced tutor will lead you through a range of engaging exercises & projects designed to inspire & extend your artistic skills. BYO materials - a full materials list is available online or from the office.
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 10am - 12pm
Fee per term: $170.00

Paint & Sip Nights NEW!
Unleash your inner artist while enjoying a glass of bubbles! No exp. Required. All art supplies incl with step by step guidance, in a relaxed, social atmosphere. BYOB!
Term 3: 16/09
Term 4: 09/12
Times: Wed. 7pm - 9pm
Fee: $60.00 per session

Cooking with Dana (Sat am) NEW!
Learn how to cook easy, affordable & healthy recipes. Make the meals each week & eat together what you have made. You will be supplied with recipes to take home.
Time: Sat. 10.30am – 12.30pm
Term 3: 06 wks: 15/08 – 19/09
Term 4: 08 wks: 10/10 - 28/11
Fee T3: $120.00. Fee T4: $160.00



MIND, BODY & SPIRIT

Pilates Matwork
Holistic Pilates class will stretch, strengthen & realign your whole body. You'll leave walking taller, feeling calm, happy & relaxed
Term 3:10 wks: 13/07 - 14/09
Term 4: 10 wks: 05/10 - 14/12
Times: Mon. 7pm - 8pm
Fee per term: $140.00

Yoga – Tue. Morning
Learn the basics of posture, breath & alignment to develop strength, flexibility & confidence with practice.
Term 3: 10 wks: 14/07 – 15/09
Term 4: 10 wks: 06/10 – 15/12
Times: Tue. 09.30am – 11am
Fee per term: $178.50 (*No class 03/11*)

Tuesday Meditation
Step into stillness with this 45 min guided meditation class designed to ease stress & clear the mind. Be gently guided through simple practices to support mental clarity, focus, & emotional balance - perfect for anyone looking to slow down & reset.
Term 3: 10 wks: 14/07 – 15/09
Term 4: 10 wks: 06/10 – 15/12
Times: Tue. 11.15am – 12pm
Fee per term: $144.00 (*No class 03/11*)

Mindful Movement
Join this flowing movement class that combines Yoga & Pilates to help you feel relaxed, centred & strong.
Term 3: 10 wks: 15/07 – 16/09
Term 4: 10 wks: 07/10 – 09/12
Times: Wed. 9.30am– 10.30am
Fee per term: $140.00

*No classes Mon 2nd and Tue 3rd Nov

Yoga – Thur. Evening
Use postures, breathing, relaxation & meditation, align aspects of yourself to create flexibility in your body
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 7.30pm - 8.30pm
Fee per term: $140.00

Rosanna Walking Group
A self-run group. Stay healthy, explore new areas, make new friends & then have a cuppa afterwards.
Term 3: 12 wks: 17/07 – 02/10
Term 4: 11 wks: 09/10 – 18/12
Times: Fri. 10am – 11am
Fee per term: $10.00

MUSIC

Guitar Level 1: Mon pm - BYO Guitar
Do you want to learn the guitar but have been putting it off because you think it would be too difficult, or you just didn't know where to start? Then this is the perfect program for you. No experience necessary.
Term 3:10 wks: 13/07 - 14/09
Term 4:10 wks: 05/10 - 14/12
Times: Mon. 5.30pm – 6.30pm
Fee per term: $180.00
No class 02/11

Guitar Level 1: NEW!
Sat am - BYO Guitar
Details as above for Monday evening Program.
Term 3: 10 wks: 13/07 – 14/09
Term 4: 09 wks: 05/10 – 07/12
Times: Sat. 10am – 11am
Fee per term: $180.00



Booking essentials for all programs

COMMUNITY CONNECTIONS

Monday Social Group
Looking to connect, socialise, & enjoy good company? Our Social Group provides a friendly & welcoming space to meet new people, enjoy meaningful conversations, & develop lasting friendships. Come along to share laughter, make connections, & be part of a supportive community.
Term 3:10 wks: 13/07 - 14/09
Term 4: 09 wks: 05/10 - 07/12
Times: Mon. 1.00pm - 2.00pm
Fee per term: $15.00 *No class 02/11*

Ladies Connect – Friendship Group
Come along for a cuppa, great conversation, & the chance to make new friendships in a warm & welcoming environment. Whether you come with a friend or on your own, you'll feel right at home as you connect with others, share stories, learn new skills, & enjoy meaningful moments together. A relaxed & friendly space for women to socialise, laugh, & build lasting connections.
Term 3: 10 wks: 15/07 – 16/09
Term 4: 10 wks: 07/10 – 09/12
Times: Wed. 12.30 - 1.30pm
Fee per term: $10.00

Chatty Café
Join our friendly group over a cuppa filled with connection & community spirit in a relaxed & friendly environment.
Term 3: 10 wks: 15/07 – 16/09
Term 4: 10 wks: 07/10 – 09/12
Times: Wed. 1.30pm - 2.30pm
Fee per term: $15.00

*No classes Mon 2nd and Tue 3rd Nov

Community Lunches
Connect with others over a meal. Whether you're a newcomer to the area or a regular, we offer a welcoming space to enjoy good food, company & build lasting connections. All are welcome. Bookings are essential.
Term 3: 05/08 & 02/09
Term 4: 07/10, 04/11 & 02/12
Times: Wed. 12.30pm - 1.15pm

FOIL FUSION EVENTS

Chip Packet Project Melbourne
Be part of a Foil Fusion Event. Chip packets are fused together & backed to make a fully usable blanket. Whether you're a school, business or community group help us turn chip packets into blankets. It's a great way to be involved in a community project to support those in need. From collecting foil to following the process through to making a full survival blanket.
Term 3:10 wks: 13/07 - 14/09
Term 4: 09 wks: 05/10 - 07/12
Times: Mon.10am -12pm

Program for people with disabilities

Wednesday Club *
This friendly group welcomes people of all ages. Activities include craft, fun, games, guest speakers, and health issues. Learn gardening skills.
Term 3: 10 wks: 15/07 – 16/09
Term 4: 10 wks: 07/10 – 09/12
Times: Wed. 10am - 12.30pm
Fee per term: $821.65

*** HACC PYP programs for people with disabilities and non-NDIS.**

Creative Art (Wed) *
For people who like creating & learning new crafts. Come & try a range of art activities in a safe & friendly environment.
Term 3: 10 wks: 15/07 – 16/09
Term 4: 10 wks: 07/10 – 09/12
Times: Wed. 1pm – 3pm
Fee per term: $657.32

Daily Living Skills *
Enhancing, maintaining social awareness & independence in the community relating to health care needs, good nutrition & self-care planning.
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 10am - 12.30pm
Fee per term: $821.65

Creative Art Club (Thur) *
For people who like creating & learning new crafts. Come & try a range of art activities in a safe & friendly environment.
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 1pm - 3pm with Emilie
Fee per term: $902.60

One to Two Cooking *
One to one program can be organised. Please contact us for further discussion.
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 1pm - 3pm
Fee per term: $902.60



*No classes Mon 2nd and Tue 3rd Nov

Performance Group *
Participate in a range of drama activities, build your social networks, increase self-esteem. Performance at the end of the year.
Term 3: 10 wks: 16/07 – 17/09
Term 4: 10 wks: 08/10 – 10/12
Times: Thur. 1pm – 3pm
Fee per term: $657.32

Celebrate Through Art *
Celebrate your life, nature & special events through visual arts, music & much more.
Term 3: 10 wks: 17/07 – 18/09
Term 4: 10 wks: 09/10 – 11/12
Time: Fri. 10am - 12.30pm
Fee per term: $821.65

Friday U2 Club *
Ongoing friendly group will learn new skills whilst socialising, enjoying music and singing
Term 3: 10 wks: 17/07 – 18/09
Term 4: 10 wks: 09/10 – 11/12
Times: Fri. 1pm - 3pm
Fee per term: $657.32

Friday Songbirds *
Relaxed social group who partake in song, singing to current & old-time tunes. The group participates in some fun & very easy movement to movement chair activities.
Term 3: 10 wks: 17/07 – 18/09
Term 4: 10 wks: 09/10 – 11/12
Times: Fri. 1pm – 3pm
Fee per term: $657.32

*** HACC PYP programs**

Not on NDIS? *HACC PYP program for people with disability and non-NDIS.

***conc. rate available for Non-NDIS clients – conc. card holders**

CHILDCARE

Registered Class 2 Childcare Centre offers a program based on children's interests & needs. Small groups make this a wonderful experience for all. There is an attractive play area outside & a climate-controlled playroom inside creates a comfortable environment for children. We are Childcare subsidy approved.
Term 3: 10 wks: 13/07 - 18/09
Term 4: 11 wks: 05/10 - 19/12

Session Times: Mon - Fri 8.30 - 1pm

Fees: $71.00 per session
Maintenance fee $55 per semester

Please phone during childcare hours for bookings or School holiday programs

No childcare on public holidays

SUSTAINABILITY

Kids Library
Story books/picture books available for toddlers and pre-school children.

Food Pantry
Give what you can & take what you need. Please ensure items are unopened, sealed, non-perishable & are within the expiry & use by dates. Located at the front of the House.

Aussie Bread Tags for Wheelchairs
We collect Bread tags, bring them in & the tags will be sent to Aussie Bread Tags for Wheelchairs.

Mini Book Library
At the front of the House. Please feel free to borrow, swap or donate.

Recharge Station
We are a recharge station for Wheelchairs or Scooters.

General Info and Enrolment Details

- Full payment required prior to commencement unless alternative arrangements have been approved by the Coordinator. In cases of financial hardship please contact the office to arrange a payment plan. Conc rates only to healthcare card holders.
- Payment must be made in full on enrolment or before attending the 1st class or c/care. A Casual fee when attending less than the full term will be charged at a pro rata rate plus $8 p/session (min of 5 weeks to be paid). To be paid beginning of the term.
- Requirement lists provided upon enrolment. Most class materials costs are not incl in the fees. Manuals additional.
- Classes & childcare are not scheduled on public & school holidays. Tutors will arrange extra sessions during term for make-up if class is cancelled by the House.

  Refund Policy: Fees will be refunded less a $10 admin fee if cancellation is received at least 5 days prior to course commencement, subject to the place being filled by another
- Participant: No refund on any workshops. Pro rata refunds may be negotiable but not beyond half of the course's length.
- Concession Policy: Concessions of $10 may be offered for some courses where the cost to attend the class is over $80 to Health Care Card holders.
- Courses will run subject to enrolment. Enrolment fees are not refundable. Refunds or credits are only given if courses are cancelled by the House. As viability & commencement of classes are dependent on prepayment and commencement of participants no refunds are provided after/during the term.
- Privacy: RFSCH respects all personal & confidential info you give in the process of enrolment. Personal info (and/or health info) will only be used for the purpose for which it is collected & safeguarded from misuse. Further info re privacy available in our Participant Info brochure or enquire at the office.
- A full day fee will be charged if participants with disabilities attend our Centre for the whole day.
- For any course, NDIS participants will be charged according to NDIS price list cost. Prices are subject to change according to NDIS price.

AIM:
To provide services within the municipality of Banyule and to the wider communities.

MISSION:
To connect people in our local community by providing opportunities for those who participate, including disadvantaged individuals, to learn, teach, reduce social isolation by making friends & give mutual support in an ethnically diverse, comfortable, accepting, co-operative, welcoming, friendly & informal environment.

Drop in & Support:
Please feel free to drop in anytime for a cup of tea or a chat with our friendly staff, volunteers & tutors. Ask about support groups & other community contacts as required.

Thank you:

- RFSCH acknowledges the support of Victorian State Government, Banyule City Council, the Department of Families, Fairness & Housing.
- In the spirit of respect, RFSCH acknowledges the Aboriginal peoples of Australia as the traditional custodians of the land on which we reside, work & travel.