Latin Dance Classes

The aim is to master the essential movements and embrace the rhythms of four captivating Latin American dances: Cha Cha, Samba, Jive, and Rumba. Participants will revel in the joy of movement while forging new connections with fellow dance enthusiasts. A partner is not necessary for these fun dance classes.

We are looking forward to seeing at our dance classes.

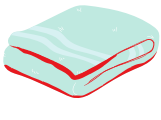


What do I wear and bring to class?

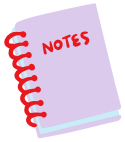
- Shoes that won't slip off when dancing e.g., no flip-flops. Suitable shoes include runners, dress shoes, and sandals that are closed in at the back of the heel. (See photos of appropriate shoes)



- Comfortable clothing that doesn't restrict your movement to dance. Suitable clothing includes activewear, skirts and dresses, pants, loose tops, and shirts.
- Drink bottle, towel, and deodorant







- A notebook to write the figures down to remember (optional)

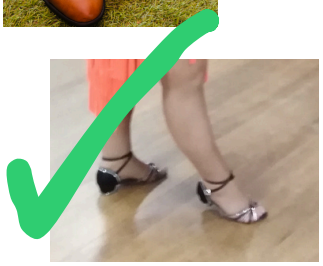
Shoes to wear for your latin dance class















Not suitable for dancing in





